



DEFRATE & PAAVOLA_{LLC}
FINANCIAL CONSULTANTS

Holistic Solutions to Health & Wealth Series

Defining Success

In our culture, especially in the media, success is often defined as having “made it” financially. But, as we all know, there are people who possess an abundance of wealth, yet their lives still seem to be lacking or out of control in a multitude of ways. In this workshop, through discussion and experiential exercises, we’ll challenge the conventional definition of success and suggest practical steps to creating a richer, more meaningful life.

Two dates in Wednesday, December 10th 6 – 7:30pm
December ! Tuesday, December 16th 6 – 7:30pm

FACILITATORS

Mary Lou McNichol Wellness Coach
Katriina Paavola Personal Financial Advisor – DeFrate & Paavola LLC

LOCATION:

DeFrate & Paavola Financial Planning offices
1697 Broadway, Suite 500 (entrance on 53rd street, just off of Broadway)

**FOR MORE INFORMATION AND TO REGISTER,
PLEASE CALL 212 707-8754**

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